HOMESCHOOL PE

Kid-Focused Fitness | Open to Members & Non-Members

VENT Fitness Latham offers a kid-friendly and age-appropriate land and water based program for children who are home schooled or otherwise available during the day Mondays and Wednesdays throughout the school year.

Homeschool PE is a great way for homeschool or distance learning students to have the opportunity to exercise and socialize in a fun, safe environment.
Participants will start in the pool enjoying games, kids workouts and swim instructions. Participants will play a variety of sports including basketball, floor hockey, baseball, obstacle courses, and gym games along with receiving a fun workout designed for kids. Each two-hour program will have students spending time in the Pool and Gymnasium plus include a kid-size smoothie for snack.

(This is a drop-off program; parents are not required to stay in the building)

SESSIONS

Session	Registration Opens	Session Dates
Quarter 3	12/12/22	1/9 - 3/15 *no sessions 1/16, 2/20 - 22*
Quarter 4	2/27/23	3/20 - 5/24 *no sessions 4/10 - 12*
Full	12/12/22	1/9 - 5/24 *no sessions 1/16, 2/20 - 22, 4/10 - 12*

Sessions require a minimum of 4 participants

IMPORTANT INFORMATION
- **A swimsuit should be worn under clothes to Gym.**
- **Participants must bring a towel, athletic attire, running sneakers, and a water bottle.**

PRICING

Session	MEMBER	NON-MEMBER
Quarter 3 • 1/9/23 - 3/15/23 *no sessions 1/16, 2/20 - 22*		
One time/week	$117	$162
Two times/week	$216	$306
Quarter 4 • 3/20/23 - 5/24/23 *no sessions 4/10 - 12*		
One time/week	$117	$162
Two times/week	$216	$306
Full Semester • 1/9/23 - 5/24/23 *no sessions 1/16, 2/20 - 22, 4/10 - 12*		
Two times/week	$385	$560

Kids Shake
included each day

Each participant should bring comfortable clothing, sneakers, swim wear, a towel, and water bottle.

Register online at ventfitness.com or at the front desk!

VENT FITNESS